



OUR COMMUNITY

PARENT & CHILD BOOTCAMP

THURSDAYS 4.15PM

A fun and energetic 40 minute session designed for parents to come along with their children (ages from 5 upwards) comprising of games, body weight exercises and fitness challenges.

Prices : **£10** per parent and child (**£4** per extra child)

Call now to book you place as limited availability.

**CALL NOW TO BOOK YOUR PLACE AS
LIMITED AVAILABILITY 07864 364037**

19 Little End Rd, Eaton Socon, St Neots PE19 8JH